

1 IN 1000 PARTICIPANT DETAILS

NAME

ADDRESS

1 in 1000 - Running for Cystic Fibrosis is a unique and fun fundraising campaign aiming to mobilize 1000 women to run in the 2010 Women's Mini Marathon and to raise at least €200 each. It will bring women together for a great cause, raising spirits, awareness, support and a huge sense of achievement. Crucially it will raise €200,000 to support the build of a new four bed Cystic Fibrosis (CF) isolation unit in Our Lady's Children's Hospital Crumlin (OLCHC).

CF is Ireland's most common life-threatening genetically inherited disease. Children born today with CF can expect to live a near normal, full and productive life, provided that the correct facilities are in place. The completion of the new unit in OLCHC will mean shorter hospital stays, less severe infections, less stress for the whole family and a better and longer life for the children.

For more information, training plans and nutritional tips please visit www.runningforcf.ie



This campaign is fully endorsed and supported by the Cystic Fibrosis Association of Ireland and Our Lady's Children's Hospital Crumlin.

Kindly sponsored by Solvay Healthcare Ltd.

1 IN 1000 SPONSORSHIP CARD



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